

Study, Relaxation, and Secure Storage Spaces

Lt. Col. Luke Weathers, Jr. VA Medical Center

Memphis, TN

Trainee Call Rooms: Rooms G114-G128

Call Rooms available for all Trainees are available on the 1st Floor of the VA adjacent to the Quality Management service and Radiology service.

Coded Entry: Please ask your resident or the VA Education Office for the code.

Features:

- Breakroom that includes a Refrigerator and Microwave. Refrigerated drinks and snack items are available to all trainees.
- 6-8 Call Rooms that each have a bed and computer workstation.
 - Bathrooms are located between each pair of call rooms and contain a shower.
 - Towels and Linens are available in the storage closet in the Call Room hallway.
 - Call Rooms may be used for rest or studying
- Lockers are available on the back hallway. Students and Residents may bring a lock and secure their belongings in these lockers during their rotations.

VA Chapel:

The Chapel at the Lt. Col. Luke J Weathers, Jr VA Medical Center is a place for prayer, meditation, and solitude for people of all faith perspectives. It is open 24/7, with particular services held weekly:

- Protestant non-denominational services (Sunday and Thursday)
- Roman Catholic Mass (Wednesdays)
- Holy day services as announced/advertised by Chaplain Service
- Individual Islamic Prayer space is available in the Chapel, when these services are not being held
- Jumuah (Islamic Group Prayer) (Fridays @ 1:15pm) (BE202C- Education Classroom down the hall from the Chapel)

The Chapel is open to veteran-patients, family members, and VA staff and students.

Spiritual counseling services are available to any students by calling the Chaplain Service office at ex 7326 or calling 901.577.7326 and asking to arrange a conference with one of the Clinical Staff Chaplains.

Clinical Staff Chaplains and Chaplain-Residents are also present on clinical units and can be consulted regarding spiritual issues expressed by our veteran-patients.

Memphis VAMC Lactation Room Information:

VA's aims to be inclusive and supportive of lactation needs of Veterans and Employees:

VA Supports Lactation: Every time. Everywhere. Every way. Everyone.

*****The VA serves ALL who served. Our mission is to be inclusive of all methods of feeding and those who desire to use specific pronouns. Please let us know your chosen pronouns and if you would like your feeding experience to be referred to by another term, such as human milk feeding or chestfeeding.*****

Locations:

- 4th floor (F406)- code press 2&4 at the same time and then press 3, (semiprivate).
- Women's Locker Room- Room# AWG11, *PIV access*, private
- Women's Center- Room# 5206B, private

******Many of the Residents use the 4th Floor room as it is in the main bed tower***

******For any difficulty accessing any of the rooms, please contact Dr. Thomas, whose contact information is listed below.***

Milk Storage Capability:

- Milk storage is available for 4th floor and Locker Room

Point of Contact:

Charmin Thomas, DNSc, APN, BC
Women's Veteran Program Manager
Memphis VAMC Women's Center 5109 B
901-523-8990 Extension 6612
Charmin.Thomas@va.gov

Rest and Relaxation or "R&R" Room: F436

Located adjacent to the Palliative Care Unit on the 4th floor of the bed tower. Open to all patients, staff, and students who need a few moments of calm or relaxation.